

Girls Incorporated of Lynn

Summer Teen Programs July 10 - August 18, 2017

Girls entering grades 9-12 during 2017-2018 school year.

Mondays 1:00-3:00

Healthy Cooking: You don't need to be a chef to make healthy food that tastes great! Join us each week for hands on cooking lessons. The program will include sessions with a nutritionist, a Chopped competition and a field trip to the grocery store to learn how to shop for healthy food on a budget!

Tuesdays 1:00-4:00

Sister 2 Sister: Girls come together to learn about teen health issues while being empowered through challenging themselves through rock climbing, swimming, hiking, rappelling, and kayaking!

Wednesdays 1:00-3:00

Expression in Film: The world needs more Girl Bosses in film production! Whether it's taking your social media account to the next level or creating a You Tube video on a local issue that is important to you, let's turn your concept into reality. Join us in learning how to produce a media piece important to you! **Note: Film equipment provided!*

Thursdays 1:00-2:00

StoryCorps: Record and share stories that are all around you including stories from your family and friends.

Fridays 1:00-3:00

Social Justice Club: Join us to meet leaders who are changing the world and learn how you can too. We will explore topics such as racism, gender, poverty, and environment.



***All of our teen programs are FREE for high school girls**

***Weekly raffle prizes, earn 1 ticket per day**

***Girls who are coming to the program are welcome to come for lunch that day from 12:00-1:00 before the program starts.**

***End of summer special trip for regular attendees**

***To register for one or more of these programs please contact Lena Crowley at lecrowley@girlsinclynn.org, text 781-309-7642 or call 781-592-9744 x 211.**

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